

College of the Siskiyous Athletic Training

This course provides intercollegiate swimming competition. Students are given the opportunity to develop a high degree of competitive swimming skills and the opportunity to demonstrate these skills during intercollegiate competition. Students are also given the opportunity to develop a level of fitness that will allow them to compete at the intercollegiate level.

Letter Grade, Pass/No Pass

3 units

Prerequisites: None

Co-requisites: None

Transferable: UC, CSU

Transferable to both UC and CSU

Area A-8: Kinesiology

Area E - Lifelong Learning and Self Development